

Animals including humans – Year 2

Key vocabulary	
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offspring	A person's children or an animal's
	young.
reproduction	The process where new animals,
	humans or plants are made.
growth	The process of getting bigger.
exercise	This is when you move your body
	physically to get fit and remain
	healthy. Our heartbeat increases when
	we exercise.
breathing	This is what we do to get oxygen in our
	bodies.
hygiene	Keeping clean to prevent illnesses and
	the spread of disease.
germs	A very small thing that can cause
	diseases. We cannot see them with
	our eyes.
disease	An illness which affects people,
	animals or plants.

Significant scientist		
Dr Ernest Madu	Dr Ernest Madu is a cardiologist.	
(born 1960)	His work focuses on providing	
	affordable healthcare in low-	
- Thomas	resource nations.	
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All animals including humans have these basic needs to survive:

food to eat

water to drink

air to breathe

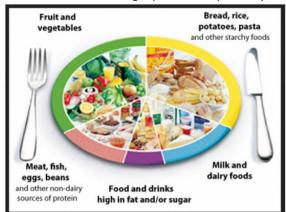
shelter

To grow into healthy adults, animals including humans need:



The Eatwell plate

This shows the different food groups that make up a healthy diet.





Information relating to 'famous scientists' adapted from work by Alex Sinclair & Amy Strachan of St Mary's University

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